

Stepping Stones for Lent

Here is a list of good deeds that you could do during Lent. Pick a different deed each day and, when you have done it, colour in one of the stepping stones on this Lenten path. When Easter Sunday arrives you will have coloured in all forty stepping stones.

- Pray for peace
- Tidy your room
- Help at home
- Play fairly
- Tidy the playground
- Be friendly
- Smile more often
- Help your brother/sister
- Be on time
- Say 'thanks' to someone
- Do your homework
- Share your toys
- Pray for the sick
- Be kind
- Don't complain
- Say 'yes' more often
- Try to be patient
- Put away your toys
- Remember Mother's Day
- Make a 'Get Well' card
for someone who is sick
- Make your bed
- Say your prayers
- Help your teacher
- Give something away
- Tell someone you are sorry
- Help your parents
- Forget a grudge
- Wash the dishes
- Don't fight
- Remember your Trócaire Box
- Write to your grandparents
- Feed the birds
- Be nice to your family
- Eat what you are served
- Make a gift for someone
- Go to Mass
- Thank Jesus for his love
- Pray for world peace
- Give away your best smile
- Forgive someone who has hurt you

